



Willamette Health & Wellness

Portland Resources-
A list of clinics we
recommend in the
Portland metro area.

Bolded text-
Links to each clinic's
website for more
information.

OHSU Pediatric Psychology Child Development & Rehabilitation Center

707 SW Gaines St.
Portland, OR 97239

Toll-Free: (503) 346-0640

Oregon Psychiatric Access Line About Kids (OPAL-K)

OPAL-K is not a walk-in clinic or in-person referral site.

Toll-Free: (855) 966-7255
Portland Metro: (503) 346-1000

OPAL-K Call Center Hours
Monday-Friday 9am-5pm
(Excluding major holidays)

The Children's Program

Main: (503) 452-8002
New Patients: (503) 548-4844

Main: (503) 954-2188
Fax: (503) 327-8005
Email: info@bridgecitycounseling.com

Bridge City Counseling

712 SE Hawthorne Blvd.
Suite 100
Portland, OR 97214

Providence Child & Adolescent Psychiatry

1500 Division St.
1st Floor
Oregon City, OR 97045

Main: (503) 722-3705

Western Psychological & Counseling Services

Find contact information for each location by clicking on the clinic's name above.

Multnomah System of Care for Children and Families

Call (503) 988-4888 if you don't have health insurance and need sliding scale providers.
Call (503) 988-5887 if your insurance provider is Multnomah Mental Health.

Building Bridges

4724 SW Macadam Ave.
Portland, OR 97239

Main: (503) 235-3122
Email: info@bridgespdx.com