## FAQ's about Billing & Insurance

Willamette Health & Wellness



- 1. What is the difference between a <u>deductible</u> and the <u>out of pocket max</u>?
  - a. A **deductible** is the cost a policyholder pays for their healthcare <u>before the</u> <u>insurance plan starts covering any expenses</u>, whereas an **out-of-pocket maximum** is the amount a policyholder must spend on eligible healthcare expenses through copays, coinsurance, or deductibles before the insurance starts fully covering all covered expenses.
- 2. What is the difference between in network providers/insurance versus out of network providers/insurance?
  - a. **In-network** providers have contracted with your insurance company to accept certain negotiated (i.e. discounted) rates. **Out-of-network** providers have not agreed to the discounted rates. Patients are responsible for paying for anything their insurance does not pay for.
- 3. What is a CPT code?
  - a. Rates are based on required national standards (called CPT codes). CPT codes vary by visit type, type of provider, time spent, and complexity of visit. Coding for a visit can only be determined once a visit is complete. A single visit may include two or more CPT codes, per the national standards.